

FALL CLASSIC – MATP RULES

SPECIAL OLYMPICS INDIANA – 40 YEARS YOUNG



PROGRAM INFORMATION

The Motor Activities Training Program (MATP) is a training program designed for persons with severe and profound disabilities who do not yet possess the physical and/or behavioral skills necessary to participate in official Special Olympics sports.

Because MATP emphasizes training and participation rather than competition, coaches are encouraged to enter athletes with lower abilities and test out the program. The program provides a comprehensive motor activity-training curriculum that can be administered by a variety of trainers such as physical educators, recreation personnel, and therapists.

In addition, direct care workers, parents, and volunteers will find the MATP helpful in developing appropriate motor skills for individuals with severe disabilities.



RULES OF COMPETITION

UNIFORM SPECIFICATIONS

1. Clothing type should be determined based on the medical requirements of the athlete.
2. Clothing should not restrict movement.
3. Tennis shoes or soft-soled athletic shoes are recommended.

GENERAL RULES

1. Eligibility
 - a. A *Medical Form* and *Application for Participation* must be completed on every athlete before he/she participates.
 - b. Coaches are encouraged to have attended an MATP training session. If you are interested and have not attended MATP training, please contact the State Office to make arrangements.
 - c. County Programs must provide one chaperone to one athlete ratio for all attendees. Due to the specific training required, County Program chaperones will be responsible for all lifting and movement of the athletes.
 - d. Athletes are encouraged to have trained for eight (8) weeks prior to the event.
 - e. All special dietary needs must be supplied by the county programs.
2. Levels
 - a. The Motor Activities Training Program does not require a score.
 - b. Athletes entered will participate in activities in the following areas:
 - i. Mobility;
 - ii. Dexterity;
 - iii. Striking;
 - iv. Kicking; and
 - v. Team Skills.
3. Activities
 - a. A variety of individual and group games will be offered.
 - b. Athletes will rotate through a series of different stations focused on the areas listed above.
 - c. Every effort will be made to use creative, adapted techniques, and equipment to allow each athlete to reach his/her maximum level or participation.
4. Awards
 - a. Each athlete who participates in one or more stations of the Motor Activities Challenge Day will receive a Special Olympics Challenge medal.

